My Farm Camps @ Sugar Creek Farm – Summer 2020

Thank you for choosing My Farm Camps where every day is a new experience!

2020 Summer Camp Registration is now OPEN!

Important:

- We are no longer accepting deposits - Payment In Full secures your spot
- Payments are 50% refundable if cancellations are necessary and made by June 1st
- Please read all the information below, which will describe the camp experience as well as the new additions for 2020. Please note the dates, registration fees, and age requirements for each week in 2020.
- Please be sure to include all the requested information on the attached registration form, and please read carefully and sign the liability waiver and release form.
- “Counselor in Training” (CIT) is for rising 9th graders. CIT’s will work up to 3 weeks of camp alongside a Senior Counselor in a variety of stations.

My Farm Camps is a small camp and will close out quickly, so please send in your registrations and payment as soon as possible. I will update the website (www.myfarmcamps.com) often, and when you see “Session Now Full” on the website then you will no longer be able to register for those sessions. All sessions are 4-day weeks (Mon.-Thurs.) with exception of Animal Science/Vet Camp (Mon.-Wed.). Friday mornings (9:00-11:00 am) are reserved for riding lessons only (ages 7 & up please).

Camp hours are 8:30 am (drop-off) to 2:30 pm (pick-up) with the exception of “All Girls” week, as this schedule is slightly different. Please see registration sheet for more details.

Summer camp is filled with learning about and participating in life on a farm, creating new friendships, both furry and human alike, and cultivating a love for the outdoors and organic living.

We typically start each day with morning farm chores, gardening, feeding the animals and grooming the horses. Lunches are either on the trail, under a tree, at the food truck, or inside the barn. Afternoon “creeking” is a favorite and water fights typically cool things off so be prepared for wet and dirty farmhands at pick up! Packing a towel and rain boots is a good idea!

Each week my Farrier and my Vet come to the farm for horse and hoof care. Gardening and farm-to-table treats are a must while working and living on a farm, and we fully intend on eating what we create! Often, we have leftovers for parents and siblings to try at afternoon pick up.

“All Girls Camp” will be during Session 5 (July 13 – 16) for girls age 10 and up. The girls will spend one night on the farm (optional), which will include dinner that night and Cowgirl breakfast the next morning (that they make themselves)! Please register soon as this will fill up fast!

“The Pampered/Healthy Cowgirl” will be during Session 8 (August 3 - 6) and is our version of a Spa Week at the farm! All the fun on the farm plus additions such as healthy eating education, farm-to-feast practices, trail and nature hikes, horseback riding, natural horsemanship training, massages for horses and humans, facials, essential oils, daily group exercise and more! PLUS - on the last day (Thursday), these cowgirls will ask their favorite adult cowgirl to join them for a special day on the farm with catered lunch.

My Farm Camps offers something for everyone on this beautiful 21-acre farm, and we’re super excited in 2020 to introduce new and expanded activities and programs!
Campers will experience all sorts of farm animals, agriculture and art. From planting the gardens to playing with goats, to working with beads, essential oils and paint, it’s on to the newly built “outpost” building ... home to our kitchen and art center! Campers will create culinary creations and many artistic wonders! If campers make something themselves (whether its food or art) they are more likely to try new things and be more creative. At My Farm Camps, we give some guidance but also give space to experiment!

Along the way, campers will learn to feed and care for horses, donkeys, goats, chickens, pigs, and our mascot Violet (who thinks she’s a horse)! Walking the trails with the goats ranks pretty high with everyone (goat yoga is way over-rated)! This summer we are offering a 3-day Animal Sciences/Vet Camp, and throughout the summer we are focusing on animal education, behavior, and new learning experiences in the ring and on the trails. Caring for horses and animals is much more than just riding, and in order to be a great owner and caretaker, animal education is a must! Cooling off in Sugar Creek and “Trailblazing” is a huge component to our weekly routine and will be a mainstay as long as the sun continues to shine on Sugar Creek Farm!

**New! “Saddle Club”** will be for 5-6 year olds and will be held during Sessions 2, 4, 6, and 7. They will have age-appropriate crafts and animal experiences, snack time, and will be supervised by an adult Director along with 2-3 dedicated Counselors.

Every day is a new experience, as we aim to build strong and confident youth by using the great outdoors! Camp times will be 8:30 am (drop off) to 2:30 pm (pick up). Please remember to pack a lunch, water (in a reusable water bottle), and a snack every day. We will provide farm-fresh tutti-fruity yummy yogurt parfaits throughout the week as well as culinary creations from the garden. Campers will always be busy and get a little or a lot dirty and love every minute!

I’m looking forward to my favorite time of the year and cannot wait to invest in your cowgirls and cowboys! Please do not hesitate to call or email me as we get excited for 2020 Summer Camp.

Let’s take it outside together and enjoy all that God has created!

Welcome to My Farm Camps @ Sugar Creek Farm!

![Denise Hammond](image)

**Denise Hammond**

Chief Cowgirl  
Denise@carolina.rr.com | www.myfarmcamps.com | 704.996.3048

*The Lord will greatly bless His people wherever they plant seeds; bountiful crops will spring up. Their herds will graze freely.*  
**Isaiah 32:20**

*For I am about to do something new. See, I have already begun! Do you not see it?*  
**Isaiah 43:18**
2020 REGISTRATION – My Farm Camps
Location: 12381 Downs Road Pineville, NC
Payment is DUE IN FULL with your registration to secure your spot (check, cash, credit card or Venmo ~ Denise-Hammond-11)
Payment Mailing Address: 16202 Marvin Road Charlotte, NC 28277

PARTICIPANT INFORMATION (Eligible Campers are 5-16 years old; CIT’s are rising 9th graders)
Camper Name ________________________________________________ Camper Age __________
Address ___________________________________________________

PARENT/GUARDIAN INFORMATION:
Parent Name ________________________________________________ Cell Phone _________________________
Email(s) ____________________________________________________
Emergency Contact __________________________________________ Cell Phone _________________________

MEDICAL INFORMATION:
Allergies: □ Yes (describe severity of the reaction, requested accommodations, management, etc.) □ No
Does your child need to take medication while at camp? □ Yes □ No (note: all medications must be in their original/labeled containers; please do not give camper’s medication to them to bring to camp; medications must be received and held by the Camp Director).
Does your child have any medical, physical, or emotional conditions (including disabilities)? □ Yes (explain) □ No

May we serve your child food and beverages? □ Yes □ No

Camp Hours (Mon-Thu): 8:30 am - 2:30 pm ~ Riding Lessons (Fri.): 9:00 am - 11:00 am

Session 1: My Farm Camp Experience (7-16 yrs.) □ June 15 - June 18 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
Session 2: My Farm Camp Experience (7-16 yrs.) □ June 22 - June 25 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
   New! Saddle Club (5-6 yrs.) □ June 22 – June 25 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
Session 3: Animal Science/Vet. Camp (7-16 yrs.) □ June 29 – July 1 (Mon-Wed.) ($330.00) + add $12.00 for credit card
Session 4: My Farm Camp Experience (7-16 yrs.) □ July 6 – July 9 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
   New! Saddle Club (5-6 yrs. old) □ July 6 – July 9 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
Session 5: All Girls Camp (10-16 yrs.) □ July 13 – July 16 (Mon.-Thur.) ($450.00) + add $15.00 for credit card

ALL GIRLS CAMP (ages 10-16) includes cook-out dinner, one-night optional sleepover, and cowgirl breakfast.

Session 6: My Farm Camp Experience (7-16 yrs.) □ July 20 – July 23 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
   New! Saddle Club (5-6 yrs. old) □ July 20 – July 23 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
Session 7: My Farm Camp Experience (7-16 yrs.) □ July 27 – July 30 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
   New! Saddle Club (5-6 yrs. old) □ July 27 – July 30 (Mon.-Thur.) ($405.00) + add $15.00 for credit card
Session 8: Pampered/Healthy Cowgirl (7-16 yrs.) □ Aug. 3 – Aug. 6 (Mon.-Thur.) ($425.00) + add $15.00 for credit card

THE PAMPERED/HEALTHY COWGIRL ... this is our version of a Spa Week at the farm! Lunch provided on Thursday!

Note: Fridays are reserved for riding lessons only (7 & up). Check this box if interested □ 9:00 am – 11:00 am ($50.00)
Release and Waiver of Liability, Assumption of Risk, Parental Consent, and Indemnity Agreement

*** PLEASE READ CAREFULLY BEFORE SIGNING BELOW ***

In consideration of myself and/or my minor child being permitted to participate in horseback riding, care and maintenance and other equestrian programs and activities (hereinafter, ACTIVITIES) sponsored and/or conducted by Sugar Creek Farm; My Farm Camps, LLC; and/or My Farm Camps Experience, Inc., and its officers, managers, employees, independent contractors and agents, specifically including but not limited to Kenneth C. and Denise H. Hammond (hereinafter, the RELEASED PARTIES), I agree as follows:

1. I understand that participation in the ACTIVITY is voluntary and optional, and that we are free to leave and/or not participate in the ACTIVITIES. I know the nature of the ACTIVITIES and our experience and capabilities, and believe us to be qualified to participate in the ACTIVITIES. I acknowledge Denise H. Hammond reserves the right to remove participants from the ACTIVITIES if they present a threat to any child, employee, volunteer, or animal.

2. I FULLY UNDERSTAND that: (a) THE ACTIVITIES MAY BE DANGEROUS and participation in the ACTIVITIES may involve RISKS AND DANGERS OF SMALL TO SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH; (b) these risks may be caused by our own actions or inactions, the actions or inactions of others participating in the ACTIVITIES, the condition and layout of the premises and equipment, or THE NEGLIGENCE OF THE RELEASED PARTIES in performing their duties; (c) there may be OTHER RISKS NOT KNOWN TO ME or that are not readily foreseeable at this time; and (d) THE SOCIAL AND ECONOMIC LOSSES and/or damages that could result from those Risks COULD BE SEVERE AND COULD PERMANENTLY CHANGE OUR FUTURE.

3. I consent to the participation in the ACTIVITIES and HEREBY ACCEPT AND ASSUME ALL SUCH RISKS, KNOWN AND UNKNOWN, AND ASSUME ALL RESPONSIBILITY FOR THE LOSSES, COSTS AND/OR DAMAGES FOLLOWING ANY INJURY, DISABILITY, PARALYSIS OR DEATH, EVEN IF CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASED PARTIES IN PERFORMING THEIR DUTIES. The failure of any of the RELEASED PARTIES to foresee or protect me from these risks, or from the actions, inactions, recklessness, or intentional or criminal misconduct of others, from the inadequacy or unavailability of medical facilities or treatment, or from inadequate supervision of the ACTIVITIES, if any, will not create any liability on the part of any of the RELEASED PARTIES.

4. During the time we are participating in the ACTIVITIES, if any emergency arises involving the physical wellbeing of Minor, I hereby give RELEASED PARTIES full permission and authority to take such steps as are reasonably necessary to assist Minor, including without limitation the authority to secure and consent to such medical treatment as may, in their sole discretion, be advisable. I authorize any and all third parties to rely on this agreement as evidence of the authority of its bearer to procure and consent to medical treatment for Minor.
5. I HEREBY RELEASE, DISCHARGE AND COVENANT NOT TO SUE the RELEASED PARTIES and owners and lessors of the premises used to conduct the ACTIVITIES FROM ALL LIABILITY TO ME, THE MINOR, my and the Minor’s personal representatives, assigns, heirs, and next of kin, FOR ANY AND ALL CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON ACCOUNT OF ANY INJURY, including, but not limited to, death or damage to property, CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASED PARTIES in performing their duties or with the decision by any of the RELEASED PARTIES to exercise the power to consent to medical or dental treatment for me, as such power is hereby granted and authorized.

6. If, despite, this release, I, the Minor or anyone on the Minor’s behalf makes a claim against any of the RELEASED PARTIES named above, I AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS THE RELEASED PARTIES and each of them from ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE, OR COST THEY MAY INCUR DUE TO THE CLAIM MADE AGAINST ANY OF THE RELEASED PARTIES, WHETHER OR NOT SUCH CLAIM ASSERTS NEGLIGENCE ON THE PART OF THE RELEASED PARTIES in performing their duties.

7. I sign this agreement on my own behalf and on behalf of the Minor.

8. I hereby grant permission to My Farm Camps to take his/her/my/our photo while participating in the ACTIVITIES to use for publicity.

9. I understand that this Release is given pursuant to the Uniform Contribution Among Tort-Feasors Act, North Carolina General Statutes Section 1B-1 et seq. It is my intention to release any and all claims against the RELEASED PARTIES and to relieve and discharge the RELEASED PARTIES from any and all liability for contribution to any other tort-feasor on account of any claim. I further agree to waive all benefits flowing from any state statute which would negate or limit the scope of this agreement.

10. I agree that if any clause or provision of this agreement is determined or held to be invalid, the invalidity of such clause or provision shall not affect the remaining provisions of this Release and that the remaining terms and conditions of this agreement shall continue in full legal force and effect.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, PARENTAL CONSENT, AND INDEMNITY AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I GIVE UP SUBSTANTIAL RIGHTS I AND/OR THE MINOR WOULD OTHERWISE HAVE TO RECOVER DAMAGES FOR LOSSES OR INJURY, EVEN IF OCCASIONED BY THE RELEASED PARTIES’ FAULT, AND SIGN IT FREELY, VOLUNTARILY AND WITHOUT INDUCEMENT OR DURESS.

*** WARNING ***

Under North Carolina law, an equine activity sponsor or equine professional is not liable for an injury or death of a participant in equine activities resulting exclusively from the inherent risks of equine activities.

Chapter 99E of the North Carolina General Statutes.

Signature of Adult/Parent/Guardian: _______________________________ Date: _____________

Print Name of Parent/Guardian: _______________________________

Minor Participant Name: ________________________________

Email: ____________________________ Phone: __________________